

Who We Are

St. Joseph Medical Center is a 300-bed, acute care, regional medical center. It was founded in 1864 by the Sisters of St. Francis of Philadelphia and is a member of Catholic Health Initiatives, a national nonprofit health organization with headquarters in Denver, CO.

Guided by our core values of Reverence, Integrity, Compassion and Excellence, St. Joseph Medical Center embraces a mission of loving service and compassionate care for all regardless of ability to pay.



2010

St. Joseph Medical Center is nonprofit. This means we:

- Serve people in need, including those who cannot afford to pay.
- Collaborate with others to improve health in our area.
- Advocate for health care for everyone.

St. Joseph Medical Center

Community Benefit Report

Building a **healthy** community
Locally and globally

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**St. Joseph
Medical Center**

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**St. Joseph
Medical Center**

From the President and Chief Executive Officer



St. Clare Medical Outreach
Serving the uninsured and underserved

REACHING OUT



Dear friends,

Every day, all of us at St. Joseph Medical Center strive to provide excellent care and compassion to everyone who walks through our doors. However, providing care within our walls is not enough. We extend our healing ministry outside our facility, reaching deep into the community to increase the quality of life for all of us in central and northern Maryland and beyond. Inside this report are a few highlights of the medical center's work. For instance, on page four, we detail our efforts in Tanzania with the Village Wellness Program.

This reaching out is what we call Community Benefit. It's an important part of our mission, and we invite you to learn more about it by reading these pages.

If you have questions or ideas about our Community Benefit activities, please contact me at 410-337-1200.

Sincerely,

Jeffrey K. Norman
President and Chief Executive Officer
St. Joseph Medical Center



St. Clare Medical Outreach provides free, quality, compassionate and comprehensive primary care services to culturally diverse and uninsured adults. The program has a dedicated staff of physicians, registered nurses, certified nurse practitioners, health coach, pharmacy liaison, medical technician, office coordinator and volunteers.

Health services provided directly by the St. Clare Medical Outreach staff include:

- Preventative and primary medical care
- Laboratory and diagnostic testing services
- Access to free or low cost medications
- Influenza, pneumonia, and tetanus immunizations
- Referral for specialty care for established patients
- Health education
- Assistance with referrals and applications for health care and pharmaceuticals

The most common health conditions treated by St. Clare clinical providers include: diabetes, obesity, hypertension, cardiovascular, GERD, osteoarthritis, depression, skin conditions, hematuria, allergic rhinitis, and asthma. Patients requiring further diagnostic testing, procedures, surgeries, or inpatient care are referred to St. Joseph Medical Center where care is provided as part of Community Benefit. Specialists, affiliated with St. Joseph Medical Center, provide services pro bono.

Since 1998, over **??,000** uninsured persons have been able to get back on their feet and turn their lives around after having their health restored thanks to the care provided by the staff of St. Clare Medical Outreach and the services of St. Joseph Medical Center.

2500

the number of free flu
vaccinations administered
to the community by
St. Joseph Medical Center
in 2010.

Empowering Others

Village Wellness Program
Karatu District, Tanzania



Left: After receiving her small loan, a villager bought a sewing machine and now supports her family.

Above: Medical students sponsored by St. Joseph. Lazaro T. Lazaro, Emanuel Marko, Armani Emanuel Mao, Wilson Daniel Simpa, and Daniel T. Dalei.

During the last seven years, St. Joseph Medical Center has been providing medical education and assistance, small loans and animal projects in the Karatu District of Tanzania. This vital support allows poverty stricken villagers the chance to create better lives for themselves and their families.

Medical Education

Five young men are nearing completion of their studies to become medical officials (equivalent to a physician assistant in the U.S.). St. Joseph sponsored their education and in return, the graduates will work in the Village Wellness Program dispensaries (clinics) for three years. Future plans include sponsoring five nursing students.

Small Loans

More and more women are being called upon to provide for their families. If a woman has access to land, she can care for an animal or cultivate a vegetable garden to provide income for her family. However, where land is not available and without loans, women have few opportunities to improve the family's welfare. Small loans permit business ventures such as:

- planting crops
- buying and selling products
- running tea rooms, known as "mama lische"
- tailoring

Women are trained in group dynamics, leadership inventory and customer relations, with a goal to increase project management abilities of group members.

Animal Projects

In drought-ridden Karatu, poverty breeds many ills. Economic initiatives, such as animal projects, have greatly improved family welfare. Animals are a source of much needed nutrition and also generate income for families.

The Village Wellness Program funds projects to help villagers acquire animals and keep them healthy through visits by a veterinarian. Also, villagers learn animal husbandry to sustain the momentum of the animal projects, make them more economically viable, and benefit other villagers. Families must contribute to the support of the project by attending mandatory trainings. Each family member is responsible for a facet of the animal's care and well-being.



(front, left to right) Monique Klapka, CNM, Claudia Tufano, CNM, Lauren Arrington, CNM, Paula McCabe, CNM.
(back, left to right) Gig Moore, CNM, Dr. Lawrence Fogelson and Mary Knauer, CNM.

Women's Health Associates

Giving babies the best possible start with free care for mothers



When a pregnant woman is faced with financial difficulty or is uninsured, she may decide to forgo prenatal care to defray the cost. This is hazardous to both mother and child.

Expecting moms can depend on the certified nurse-midwives and physicians at Women's Health Associates (WHA) at St. Joseph Medical Center to care for their needs through all stages of pregnancy:

- Comprehensive prenatal care
- Delivering at St. Joseph Medical Center, offering full obstetrical services including perinatal and neonatal specialists.
- Personalized, family-centered approach to pregnancy and childbirth.
- Comprehensive care including education, nutrition and exercise counseling.
- Birth planning based on the patient's wishes, including use or non-use of pain medication.

In 2010, St. Joseph Medical Center spent provided free prenatal, delivery and postnatal care to **XXXX** families.



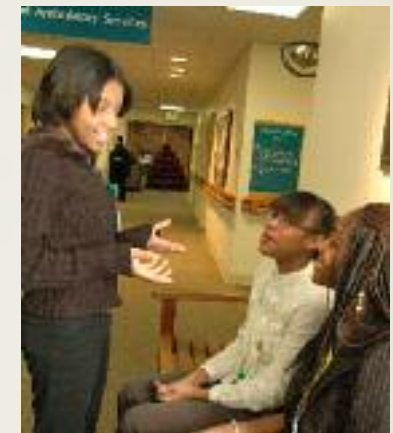
**Cristo Rey Students
at St. Joseph**
Learning beyond the classroom

The Cristo Rey Program, which opened its first school in Baltimore in 2007, is a Jesuit school focused on preparing at-risk students for work and life. St. Joseph Medical Center, a partner in the Cristo Rey Corporate Internship Program, offers four students health care experience through employment.

In return for their work, St. Joseph contributes \$25,000 toward the students' tuition. The students receive experience and school credit.

In 2010, our students were located in the following departments:

- Ambulatory Surgery Unit Prep
- Patient Transport
- Mother/Baby Unit
- Community Health



Financial Information

St. Joseph Medical Center Community Benefit Fiscal Year 2010



SERVICES PROVIDED	NUMBER OF PERSONS SERVED	COMMUNITY BENEFIT
Community Benefit for People of Low Income:		
Cost of charity care provided	2,885	\$3,951,460
Unpaid costs of public programs, Medicaid	3,343	509,562
Subsidized health services	92	412
Financial contributions	29	160
Total for Low Income	6,349	\$4,461,594
Community Benefit for Broader Community:		
Community health services	10,593	\$650,936
Health professions education	284	10,420
Donations to the community	96	45,984
Community building activities	353	1,072
Total for Broader Community	11,326	\$708,412
Total Community Benefit	17,675	\$5,170,006